

# AFFORDABLE INSURANCE & QUALITY HEALTHCARE IS OUT OF REACH FOR MOST MONTANANS.

Out of eight comparable countries, the U.S. ranked last in premature death that is preventable and treatable by effective and timely care. People are not getting the treatment they need because healthcare costs are so outrageous. Most people wait for a catastrophic event to see a provider, at which point, mundane treatable problems become life threatening. Vitality Direct solves this on our local level.

Conventional US hospitals are most profitable when they have their beds filled and are able to charge for every conceivable part of care. You probably know someone who paid \$20 for an aspirin or band-aid. Hospitals stick these charges to insurance companies, and they pass along those unsustainable fees to the consumer, through outrageous premiums and deductibles that are virtually worthless.

## VITALITYDIRECT

Vitality Direct is an innovative alternative payment model improving access to high functioning healthcare with a simple, flat, affordable membership fee. With Vitality Direct, we develop trusting relationships with our patients. We are accountable to **you**.

**Better Health Outcomes** Patients achieve superior health outcomes with Vitality Direct's innovative service delivery. We provide better access to care, empowering an authentic therapeutic relationship, and comprehensive treatments.

**Lower Costs** Affordable, transparent costs are based on a flat monthly rate. Patients pay for their care directly to the provider. No third parties or Fee for Service billing ("FFS") to inflate costs. With Vitality Direct, you can get quality healthcare for less than you pay for your cellphone.

**Enhanced Patient Experience** Vitality Direct members can expect to enjoy more robust access to their provider, experiencing less wait times, and getting longer appointments (getting more meaningful treatment instead of being rushed).

## ABOUT VITALITY



Vitality is a modern healthcare facility that specializes in family medicine, capable of caring for patients of all ages. We are a full service clinic to meet all of your acute care and family medicine needs.

Our primary care medical providers work to prevent, diagnose, and treat a wide range of health conditions that can affect you at different stages of your life. If you would like to be seen by one of our compassionate medical providers, call to set up your appointment today.

### **About Melissa Fuller, DNP-BC**

Melissa Fuller is a Board Certified Doctor of Nursing Practitioners. Melissa is the founder of Vitality Direct, Vitality Medical, and is also the Medical Director for the facility.



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Excellent healthcare doesn't  
have to break the bank.



# DIRECT PRIMARYCARE

# HOW IT WORKS

- 1 SIGN UP** [vitality-direct.com](http://vitality-direct.com)
- 2 PAY FLAT RATE**
- 3 GET GREAT HEALTHCARE**

*Direct primary care is a financial arrangement made directly between a patient and healthcare provider. It cuts the insurance providers out of the process, erasing the need for patients and providers to file health insurance claims. Patients who use direct primary care don't pay monthly health insurance premiums or copays. Vitality Direct does not accept or bill third party payers.*

When you choose preventative healthcare, you are taking a proactive approach to your wellbeing. You will have a road map to optimum health. Life-threatening ailments you may experience will be caught in a timely fashion, making treatment manageable, not just physically, but monetarily. Your overall quality of life will improve – more energy, drive, clarity, and peace of mind.

# OUR SERVICES

- Acute and Non-acute Office Visits
- Healthcare Maintenance/ Yearly Physicals
- Chronic Disease Management
- Well-Woman Exams/ Pap Smear\*
- Well-Baby Exams/ Well Child Exams
- Electrocardiogram (EKG)\*
- Blood Pressure Monitoring
- Diabetic Monitoring/ A1C Tests\*
- Pre-Operative Evaluations
- IUD Insertion/ Removals\*
- Contraception Management
- Nexplanon Insertion/ Removals\*
- Urinalysis/Pregnancy Tests\*
- Rapid Strep Test/ Influenza Test\*
- Removal of benign skin lesions/warts\*
- Simple aspiration/ injection of joint\*
- Joint Steroid Injections\*
- DOT/CDL Exams
- Medication Refills
- Wound Repair and Sutures\*
- Abscess Incision and Drainage\*
- Sports Physicals
- Mental healthcare
- Telemedicine appointments
- Pre-employment history and physical

*Annual labs once per year.*

*Same day appointments when available.*

*No fees for paperwork associated with job.*

*Referral to appropriate specialists when indicated and coordination of your care when you see other health professionals.*

*Procedures, laboratory testing, pathology fees, medications dispensed, radiology ordered that are not covered under the membership agreement will be offered at a discounted price.*

# OUR PRICING

## FAMILY RATES

**Member:** \$69.99 per month

**Member + Spouse:** \$119.99 per month

**Member + 1 Child:\*** \$99.99 per month

**Member + Spouse + 1 Child:\*** \$159.99 per month

**Family:\*\*** \$179.99 per month

**VIP Membership:** \$59.99 add on fee per month\*\*\*

**Enrollment Fee:** \$75.00 once per Member/ \$150.00 for Family account

**Re-Enrollment Fee:** \$125.00 once per Member /\$175 Family account (Non-refundable fee). Should a membership lapse or be terminated for more than 45 days, the re-enrollment fee must be paid again for membership to become active.

## CORPORATE RATES

**Employee:** \$59.99 per month

**Employee + Spouse:** \$99.99 per month

**Employee + 1 Child:\*** \$79.99 per month

**Employee + Spouse + 1 Child:\*** \$129.99 per month

**Family:\*\*** \$149.99 per month

**Enrollment Fee:** \$75.00 once per Employee/ \$150.00 for Family account

**Re-Enrollment Fee:** \$125.00 once per Employee /\$175 Family account (Non-refundable fee). Should an Employee's membership lapse or be terminated for more than 45 days, the re-enrollment fee must be paid again for membership to become active.

\* Children are defined as dependents under the age of 18 living with the Employee

\*\* Family is defined as 2 adults and up to 2 children or 1 adult and up to three children with each additional child being \$29.99 per month.

\*\*\* VIP Membership will have access to the Provider for questions or concerns after business hours as well as Telemedicine appointments when appropriate instead of in office appointments.

**Cancellation Policy:** Vitality Direct requires six months of enrollment before cancellation will be honored. Should cancellation end before six months you will be charged the remaining months.

